

Both sides knee replacement — one time safe surgery

Painful knee arthritis with markedly deformed knees and disability are a major concern among the elderly population. A person who is even hardly able to move within the house for routine activities due to pain and restricted mobility can go into severe depression. I have performed both sides total knee replacement surgeries on same day on over a hundred patients in last two years. This has major advantages in improving the quality of life of the patient with one operative procedure and anaesthesia. The overall significant recovery time of the hospital stay is limited to two to five days.



Dr Sanjeev Jain

ogist's opinions regarding medical fitness of the patient are important for the success of the surgery. The main factor for a speedy recovery is a special surgical technique by cutting less tissue using computer navigation and the combination of multimodal pain management by anaesthetists.

All these patients are enjoying an improved life post surgery. They have special joints inside their knees, which even enables them to sit cross legged if needed. Senior citizens who suffer from severe knee pain will be happy to know that the time to wait for a long time for rapid recovery is now gone.

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The selection of a patient is the most important aspect in bilateral knee replacements as they may have co-morbid medical conditions. Patient willingness as well as the anesthesiologist's and cardiologist's